

LEARNING OPPORTUNITIES AT HOME

There are many great learning opportunities at home to support kindergarten readiness. Below are everyday home activities that can help your child get ready for kindergarten.

HOME ACTIVITY	LEARNING OPPORTUNITY
LAUNDRY	<ul style="list-style-type: none"> Sort clothes Match socks Count clothing Items Talk about the steps to wash clothes Pick out an outfit or their pajamas
COOKING	<ul style="list-style-type: none"> Measure & count ingredients Stir ingredients Discuss the steps for a recipe
GROCERY SHOPPING	<ul style="list-style-type: none"> Make a grocery list Count food items Weigh/Measure ingredients Make observations at the supermarket Find letters on food packaging Put items away when you get home
MEALS	<ul style="list-style-type: none"> Set the table Serve food Discuss the plan for the day (at breakfast) or what happened during the day (at dinner)
DAILY ROUTINES	<ul style="list-style-type: none"> Establish a morning and bedtime routine Read together Phase out nap prior to entering kindergarten

Kindergarten readiness skills supported by these home activities:

- * **Early Literacy**
- * **Early Math**
- * **Language Development**
- * **Independence**
- * **Healthy Routines**
- * **Sequence**

For more activities visit: www.mnps.org/countdowntokindergarten

